



YOUR  
SERVICE  
TEAM

**Members**

*Denise Grace, Consumer Assistant Worker*

*Erica Prado, Consumer Assistant Worker*

*Michael Anderson, Consumer Assistant Worker*

*Abelino Valencia, Peer Mentor*

*Silvia Esparza, Peer Mentor*

*Sabrina Hebb, Mental Health Worker*

*Wynda Fuentes, Mental Health Worker*

*Paola Torres-Ortiz, Program Assistant*

*Cesar Velasquez, Mental Health Coordinator*

*Georgia Johnson, Mental Health Worker*

*Travis Eckman, Turning Point PSC*

**Westside  
Transitional Center**

40 WEST G STREET  
LOS BANOS, CA  
209-710-6100

**Open 9:00 to 3:00**  
**You are welcome to stop in!**

**Merced County Behavioral Health  
and Recovery Services**



**Westside  
Transitional Center**



40 W. G STREET  
LOS BANOS, CA 93625  
(209) 710-6122



### *Hope*

Hope is most motivating when it takes form as a real, reasonable image of what life can look like. We need to see possibilities – getting a job, earning a diploma, having an apartment – before we can make changes and take steps forward.

### *Empowerment*

To move ahead, we need a sense of our capabilities. To be empowered, we need access to information and the opportunity to make our own choices. At the Transitional Center individuals choose the types of services they want.

### *Self-Responsibility*

As we move toward recovery, we realize we need to be responsible for our own lives. This comes with trying new things, learning from mistakes and trying again. We encourage individuals to take risks, such as living independently, applying for a job, enrolling in college or asking someone out on a date.

### *A Meaningful Role in Life*

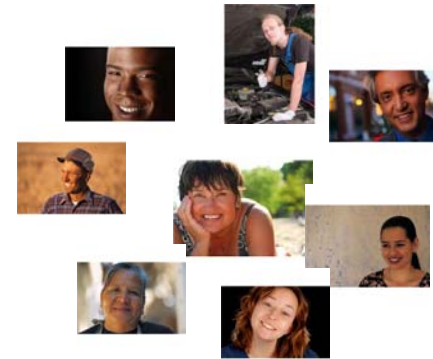
To recover, we must have a purpose in our lives separate from our illness. We need to apply newly-acquired traits such as hopefulness, confidence and self-responsibility to “normal” roles such as employee neighbor, graduate and volunteer. Meaningful roles help people with mental illness “get a life.”

## Westside Transitional Center Services

- ◆ Employment Development
- ◆ Job Finding
- ◆ Housing Assistance
- ◆ Continuing Education
- ◆ Money Management
- ◆ Mental Health Recovery Groups
- ◆ Substance Abuse Recovery Groups
- ◆ Peer to Peer Support
- ◆ Medication Education Groups
- ◆ Self-Discovery Activities
  - Arts
  - Music
  - Movement
  - Creative Writing
  - Local and State Travel
  - Fun
  - Friendships!
- ◆ Power of One Passports
  - Chose your service options to create a passport to your dreams.



## *Recovery Through Discovery*



### **Who can become members of the Transitional Center?**

Adults who have or are experiencing a major mental illness.

### **How do I enroll?**

You are welcome to stop by to see the center and meet members and the service team. We can help you enroll. Or you can call Access at 209-381-6800 to make an appointment for the Los Banos Transitional Center Point of Entry.

### **Is there a cost?**

There is no out-of-pocket cost. Medical, Medicaid or Healthy Families will be used if you have the benefit.