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○ July

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Insider chdp

MERCED COUNTY DEPARTMENT OF PUBLIC HEALTH
CHILD HEALTH AND DISABILITY PREVENTION (CHDP)

Reminder : The PM160 form has over 60 fields to fill out for each patient visit! Completing the entire form correctly is time consuming and laborious. eCHDP makes the process easier than ever!

UPCOMING COURSE! IMMUNIZATION SKILLS INSTITUTE

Now more than ever, patients and parents expect the person on the other end of the needle to be competent and caring. This innovative course will train medical assistants on current, effective and caring immunization techniques.

Topics covered include:

- Best practices
- Needle selection
- Injection sites
- Routes of administration and after care
- Vaccine storage & handling
- Immunization preparation
- Vaccine preparation
- Immunization documentation

Registration Information:

- Registration Fee of \$10.00 per person. (Fees are non-refundable)
- Registration Deadline: August 9, 2016

**Tuesday
August 16, 2016
5:30 pm-8:30 pm
Registration begins at 5:00 pm
Dinner is provided
Take advantage of this course !**

**Call the Immunization Coordinator
at 209-381-1025**



Child Health & Disability Prevention



Gateway To Health Coverage

Vision and Audiometric Training

Mark your calendars! The Merced county CHDP program will be offering vision and audiometric training on the following dates :

September 15th, 2016 & September 16th, 2016

Registration information coming soon!



Drowning: Key Prevention Tips

Health care providers can share the following key prevention tips to prevent drowning in children, with parents, patients, and all staff!

Drowning Prevention

Throughout the summer season, many Californians enjoy activities involving swimming at a pool, river, waterpark or beach. Careful vigilance can prevent tragedy, especially drowning.

According to the Centers for Disease Control and Prevention (CDC), ten people die from unintentional drowning every day. Drowning is the leading cause of injury-related deaths among children ages five and under. Additionally, children who survive a near drowning incident often suffer permanent brain damage.

Knowing how to prevent drowning is a critical step in keeping children safe and helping them live to their full potential. I urge Californians to enjoy the summer fun, but to follow safety steps, such as constant supervision of children in and around water and the protection of fences, latches, poles, and personal floatation devices.

By Edmund G. Brown Jr, California Governor

Department of Developmental Services. (2016, May). [Http://www.Dds.Ca.Gov/drowning/](http://www.Dds.Ca.Gov/drowning/). Retrieved July 6, 2016, from [dds.ca.gov, http://www.dds.ca.gov/Drowning/docs/governorsMessageDrowningPrevention2016.pdf](http://www.dds.ca.gov/governorsMessageDrowningPrevention2016.pdf)

Key Prevention Tips

1)Learn life-savings skills

It is essential that everyone learns basic swimming skills and to how to perform CPR (Cardiopulmonary resuscitation).

2)Fence it off

For parents that possess swimming pools in their homes, it is recommended by the CDC to “install a four-sided fence, with self-closing and self-latching gates around backyard swimming pools” (CDC, 2016). Furthermore, pool fences can help children stay away from swimming pools when they are not supposed to be swimming or playing around the pool.

3)Make life jackets a must

Another key prevention tip is to make child wear life jackets, especially, when swimming in lakes, rivers, or at the beach, regardless if children know how to swim or not. Moreover, children who are not proficient in swimming could benefit from using life jackets in and around pools.

4)Be on the lookout

Drowning is preventable. It is imperative that children are supervised at all times when near water including: pools, bathtubs, rivers, lakes, and the beach. Additionally, drowning in children occurs instantly and quietly. As a result, the CDC recommends that “adults watching children in and near water should avoid distracting activities like playing cards, reading books, talking on the phone and using alcohol or drugs” (CDC, 2016).

Submitted by:
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References

Centers for Disease Control and Prevention. (2016). Drowning Prevention. Retrieved June 21, 2016, from <http://www.cdc.gov/>

TALKING TIPS

Look before you lock



Never leave a child alone in a car.

Here are some tips:

- Make it a routine to open the back door of your car every time you park to check that no one has been left behind.
- Keep vehicles locked at all times, even in the garage or driveway.
- Keep a stuffed animal in baby's car seat. Place it on the front seat as a reminder when baby is in the back seat.
- Ask your babysitter or child care provider to call you if your child hasn't arrived as scheduled.
- Keys and remote opener should never be left within reach of children.
- If a child goes missing, check the trunk and inside of vehicles in the area.

By: www.Kidsandcars.org



Drowning prevention



Reminder:

Help us encourage parents to bring their children for immunizations at their respective primary care doctor's clinics or offices and to use the public health clinic as a last resort!

Thank you! We appreciate your help!

Merced County
Department of Public Health
CHDP Program

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