### Key Informant Interview Innovation

### Gaye Riggs Assistant Superintendent Early Care and Education Merced County Office of Education

#### January 26, 2010

- "Caring Kids"
- "I feel really optimistic about the future of mental health"
- "I feel mental health has changed since you and the new Mental Health Director has come"

Services for children and family are needed

Strengthen prevention for family and kids to keep them healthy

I would like to increase capability teaching and empowering of other people in the community – Public Health, Pediatricians, nurse Practitioners, those naturally existing already providing services and helping young people

Increase skills on attachment for moms/dads

Empowering naturally helping young people

Strengthen early identification support for infants who are not well regulated Look at people out there and give skill sets to preschool teachers on infant care Home visit model

Encourage Mental Health to increase profile in the Community

To be at the table at First 5 meetings and other meetings

Continue to have a presence

Time to get back together

Reunite with the Community

MHSA Programs

Real excited about prevention work, community based work

Balance the resources well

Chose the vendors well included the community well in the plan

Community based services

Engaging naturally existing providers with contact with families

Give the community skills, good observers, listen clarify families, educate on resources to work through issues

Access to early intervention, PEI resources both the Community and diverse direct staff

Be present in natural environments help kids be more successful

Responsive to families

**Underserved Collaborative** 

Early Head start, prenatal to 3 years old

Develop a relationship with mental health to co-serve

Develop joint home visits for maternal depression

Early identification and referrals
Get the word to PCP referrals desperately needed for children under age 5
Go to the community be at the table more
Mental Health Services across the spectrum
Recovery hope
Overall Innovative vision
Start early start strong high presence in the community
More community less clinic defined staff
See mental health everywhere
Partnering/home visits
Socializations

6 to 8 schools prepared for birth to age 5

Joanne Presnell Assistant Director Workforce Investment February 1, 2010

I was a part of the WET stakeholders group
More availability for counseling
Dislocated workers jobs laid off frustrated angry increased anxiety
Additional services for laid off individuals
Upside down mortgages
Employment
More supports
Increased Collaboration
Information sharing/communication
Reflect hope/Upgrade skills
More connection to faith based praying 1:1 assistance
This is an opportunity to look towards GOD
Spiritual needs for life demands

### Elaine Gale Director Healing Rooms of Merced February 2, 2010

The Healing Rooms began in Spokane Washington by John G Lake 5 years in Merced International Healing Rooms started 10 years ago Nationwide 1000 Healing Rooms Rooms internominational train people volunteers to pray for people from all walks of life Any prayers help in spiritual organization as many times as they want

10 volunteers that pray is confidential
Sit in big room worship music to be able to receive all types of healing

Emotional

Spiritual

Salvation

**Spiritual Surgery** 

Training Classes Elijah House

Rejection

Repentance

Forgiveness

Depression

**Generational Curses** 

Addictions

Hurts/wounds

Sexual issues Holy Spirit heals

#### Irene and Luis De La Cruz Publisher/Editor Between Friends Entre Magazine February 1, 2010

Impressed with a great booklet Family Staying Together in Hard Times Distributed 200 in Planada and the feedback received was good Included a CD in the family setting using Sesame Street characters "The Biggest things is a teat of abilities"

We have seen more Mental Health in the last 5 months than ever before Allow access more participation

For example participation in the Children's Summit

Binational Health Week

Accessible open to others in the community

Not a bad thing to go see a counselor

Certain feelings aren't right

OK to be able to help others

Mental Health there is a hesitation Taboo

Prevention is important

Making it accessible

Assist to be a better contribution to adjust behavior

Looking at the family system

"Know body does it by themselves"

Support base

Seniors-PEARLS

Connect with individual's right out of high school

Survival skills-adapting

We talk to people 70 years of age and the best years of their life is when they were in high school

Create a different environment people that look like me

Increased homelessness food pantry factors drugs /divorce

Entire families at the Mission

People are asking for opportunities want a job

Underserved-accessible mental health for everybody

Not designer where staff put themselves above the society

Improve the quality of services for better outcomes

Would like the mental health department to be one of the solutions and not a problem

Assisting the community

More role models

Market the programs to increase knowledge

**Community Awareness** 

Hear the stories in the programs

Merced has 6 cities and 9 unincorporated areas

Problems need to be highlighted identify action

Recovery hope

Smile friendly

Positive attitudes

Role Model/Inclusive

Mental Health Accessible to Community

**Community Awareness** 

Overall Innovative vision Mental Health a part of overall health and their to assist

## Karen Dower Instructional Dean Chris Vitelli Director of Business, Industry & Community Services Merced College February 2, 2010

This is the first time we have 4 generations in the Workforce

Enrichment opportunities are needed

Programs to serve the community

Educational experience

Non-traditional

Expose to the arts

Cultural Diversity

Performing Arts

Enrich cultural groups

ESL for Hmong seniors

Electronic Health record protocol

Retrain all staff in the Electronic Health Record

Resistance to medical records documentation

HIPPA Laws Appropriate grammar appropriate protocol

Etiquette/Organizational Change

Training sessions on change

Partnering support personal health counseling expand services

Expand thrive and survive in the workplace

Focus on decreasing obesity in children

#### Tom Colton Liberty Fellowship Nineveh Outreach February 2, 2010

Significant spirit of poverty and dependency biggest enemy

Poverty role some kind of relief minimum wage jobs

Think that is how their life is

Gangs use poverty to recruit

Use poverty to bring people out

Love, Respect and Hope

Show them dignity

Park outreach-donuts, coffee and juice

Serve the people not just in words but deeds

Hope clothing respectfully

Join up with Co-op Extension University of California

Two nutritionist come to the park Take food out of brown bag and prepare meals Houa Lee-teach on healthy meals

Follow-up on Monday night 8 week course teach nutrition labels kitchen hygiene Our guest become volunteers

Helping to develop people so they will not have the spirit of dependency Personal finances

Just starting Castle Medical Center bringing out medical team at no cost blood pressure and diabetes screening

Connect with the ROP at high schools community service Clothes closet

Rescue Mission Celebrate Recovery

at several churches addresses self esteem, emotional well being

We serve the underserved That is where we go

Team of volunteers

Areas most run down where there is crime

Where no body wants to go

Beachwood gangs drugs

Go in not trying to tell them what to do

We know you are hurting and hungry and need clothing In the winter children are bare feet

I would like to work myself out of a job

Bless our community

Attacking poverty

Families restored

Marriages

Find homes

"It does not have to be that way"

We give a veggie fruit tray with a card from Liberty Fellowship God Bless You Praying for You

We want to start tracking crime statistics in areas served by Ninevah

Gave out 119 tons of food
6 cities Le Grande, Winton, Planada, Los Banos, Atwater, Merced
Food for thought November 2009
Merced County food bank
Elementary/ Middle/ reduce fee free lunches after school program 4 to 8 hours a
week curriculum exercise and nutritious food
Their thoughts good in school grades brought home food
Breaking spirit of dependency early intervention
Empower a generation

Kitty Cazares RN Instructor RN Program Director Merced College February 5, 2010

Resources normally available Safety net is gone College budget -cut classes Fewer classes 120 classes cut Merced County always a poor county fewer grants Public Services not a very strong economic base to draw from Cuts happen Need awareness We must spend money for our common greatest need I wish there was a mega answer but there is no answer We need a central location to disperse information to inform of resources Resources website/ webpage More Workforce investment Lot more homeless wandering Need providers and contacts

Economic times out of work

Tony Slaton
Executive Director
Boys and Girls Club
February 9, 2010

Lack of trust of outsiders
Coming in telling people what is good for them
Education is needed about the issues
Lack of exposure to positive opportunities and environment
Merced County is still trying to address issues in old ways
Barriers for new ideas/Territorial
Merced County is estimated to have a 60% dropout rate for young adults of color

New Learning ideas
Look at the assets already in the community
People in the Community doing the work
Targeted programming separate according to issues
Parents incarcerated in more need of community support
Over represented negative areas
Culturally linguistic appropriate programs
Re-entry safe zone bringing back to the community
Mental Health Mobile Unit
More mentoring
Consistency
Sense of belonging
Ace Overcomers Program
Mobile Mental Health to come to the facility
holistic play therapy, music and relaxation

# Gloria Morris Director Church Development Hope for Youth February 9, 2010

Significant challenging problems
Generational poverty
Intervention is needed from preschool
Community level training
Re-Learning
School grades issues is the beginning of life poverty
Life style of Poverty
Bad behaviors
Most problems developed by young children is carried into adulthood
PBLT for parents and caregivers
Assist with high risk behaviors
Develop a positive mind set unlearn negative behaviors

Lamar Henderson February 9, 2010 Human Services Agency All Dads Matter

Poverty
Unemployment
Lack of Education
Sense of hopelessness
Feel the vibration of the community
Newborns are not having their needs met
Circle of security broken needs not met

Needs will never be met

No one will ever pick me up

Why cry?

Past adverse relationships

Starting to change

**Duplicating of services** 

Lack of communication between agencies

Not a priority

We don't have funds

There are always funds where the priorities are

We are stuck in survival mode

Can't evolve broaden our prospective

Distrust is the status quo

Anything out of the comfort zone

Not working

Not taking risk

We need the common sense approach

**Quality Outreach and Education** 

Go to the community and serve the community

Transportation is a major issue

Example Intense case management of lives

140 most intense address immediate needs

"It is hard to talk to someone about medication compliance when they have been wearing the same underwear for two weeks"

Meet people where they are

Not where we think they should be

Have the psychiatrist go out to the homeless camps

Look at people as more than a diagnosis

Work with abilities not disabilities open approach

Meet where they are at there pace

Let the client steer the treatment

Currently treatment in a box

lack of understanding of mental health would rather have a diagnosis of drug abuse

No compassion for the mentally ill.

Respect valuing the consumer/client

measure the outcomes

#### Wellness Center Spanish Speaking Women's Group 2/11/2010

Transportation
Training by someone who knows the culture
Dental Services in the Community
Nutrition classes

Work for women job skills so that we can help the group and the center Help with English

Arts and crafts to sell have an open house

Special program for children in prison, children incarcerated

Program for diabetes and nutrition

Measure blood work machine strips too expensive

Children from Mexico lack of medication for Adults, and Children, toys, birthdays

Program to help medical assistance no insurance if you are not from here

Maybe car washes in the summertime

Work learning English

Transportation for work related

From broken homes

Places to relax learn English and be together

Education for Hispanic community on Mental Health

Stigma

A music room to dance and burn fat

### Merced County Local Child Care and Development Planning Council & Constructing Connections Project February 16, 2010

Healthy children and families

Resource center comprehensive connected to all difference sources

Family does not have a place where it is a;; accessible

211 resource number get connected to resources

Teen parents access to social events to them and Children, toys, birthdays

Opportunities for education

Enhance services for teen parents and Children, toys, birthdays Creating visibility for values

Family issues an umbrella for families

Specialties several organizational representatives in one location

Help for entire family one stop resource center

Attachment and bonding

Family leave policies

Helping deal with separation during work paid family leave

Training for families' advocacy make a better family

Education early intervention

Connect to occupational services therapist screening

Wellness focus a drop-in center for families

**Educate Primary Care Providers** 

Train doctors Infant mental health 0-5

Parent education collaborative

Psychiatrist to give support groups to families living in tents

Look at the qualifications for services look at all Children, toys, birthdays

Every economic group of children