



Rebecca Nanyonjo-Kemp, DrPH  
Director

Kenneth Bird, MD, MPH  
Health Officer

Lub 4 Hli Ntuj Vas Thib 1 Xyoo 2020  
TSHAJ TAWM TAM SIM NO  
HU RAU: Mike North, 209-617-1596

**XWM TXHEEJ TAWM TXHUA HNUB QHIA TXOG COVID-19**

**THOV NCO NTSOOV:** Qhov no yog ib qho pauv xawm mawm. Yog thaum twg muaj ntawb ntawv tshiab no mam li faib tawm. Yog koj xav paub txog cov xov xwm uas tawm tshiab, thov mus rau: [www.cdc.gov/coronavirus](http://www.cdc.gov/coronavirus). Thiab yog koj xav paub ntiv, mus rau [www.countyofmerced.com/coronavirus](http://www.countyofmerced.com/coronavirus).

**QHOV XWM TXHEEJ TAM SIM NO:**

- Txij li hnuv Vas Phuv, lub 4 Hli Ntuj vas thib 1 xyoo 2020, lub nroog Merced County muaj li kawm ob tus neeg uas muaj qhov kab mob COVID-19 (coronavirus tshiab).

		Poj niam los Txiv Neej		Faib Raws Hnuv Nyuaj (xyoo)				Nyob Taj Chaw Twg	
	Tau Nrho Cov Muaj Mob	Txiv Neej	Pos Niam	<18	18-49	50-64	>65	Sab Hnuv Tuaj Lub Nroog Merced	Sab Hnuv Poob Lub Nroog Merced
Cov Kuaj Tau Muaj Mob	12	7	5	0	8	1	3	8	4
Kis Vim Ncig Ua Si	8								
Kis Hauv Nroog	2								
Tseem Xwj	2								
Tag Nrho Cov Tau Tuag Lawm	0								

Vicki Jones, MPA, REHS  
Environmental Health Division Director

Jessica Montoya-Juarez, MS  
Assistant Public Health Director

Yadira Vazquez, MBA  
Assistant Public Health Director

James Clark, MICP, MHOAC  
EMS Administrator

- Raws li cov ntawd ntawv uas tus neeg muaj mob no tau hais, cov ua haujlwm nram Public Health mam li xwj thiab muaj los xav seb nws kis li cas los, kis loj npaum cas thiab mus nrog cov neeg uas nws tau kis los sis tau nrog ua ke tham.
- Raws li txoj cai, lub Hoom Kas Public Health qhia tsis tau tus neeg no tej ntawb ntawv hais tias tus uas muaj qhov kab mob no yog leej twg.
- XOV XWM TSHIAB TXOG COV NEEG UAS TAU MUS KUAJ MOB: Kom txog thaum daim ntawv ceeb toom tawm ntiv, peb yuav tsis qhia ntiv tias muaj pes tseg leej tau mus kuaj mob txog COVID-19 rau hauv daim ntawv tshaj tawm tshiab no lawm. Cov naj npawb uas tau muab qhia rau sawvdaws yav tas los lawm tsuas yog cov naj npawb uas tau kuaj mob nyob rau hauv public health xwb, tsis muaj cov es kuaj nyob rau tom cov chaw kuaj mob, kuaj ntshav, kuaj zis, hoom maum loj los sis hoom maum me (cov chaw no lawv tsis qhia cov naj npawb rau Public Health Department tias muaj pes tsawg leej.) Thiab vim tias cov chaw kuaj mob, kuaj ntshav thiab kuaj zis no kuj muaj ntau mi ntsis lawm thiab ces cov naj npawb txhua hnuv yuav qhia tsis tau tseeb tseeb tias muaj pes tsawg leej tau mus kuaj lawm. Yuav tsis tshua tseeb heev. Ua raws li lwm cov nroog qab, lub Public Health Department tab tom nrhiav kev tshiab uas yuav ua kom lawv yuav txais tau cov naj npawb los ntawm txhua qhov chaw uas kuaj mob no kom tseeb thiab qhia tau hais tias muaj pes tsawg leej es twb mus kuaj lawm tiam sis lawv twb tsis muaj mob rau cov xov xwm tshiab yav pem suab. Lub hoob kas Public Health Department twb tau txais cov naj npawb thiab twb tau qhia txog cov uas kuaj tau qhov mob tias muaj pes tsawg leej lawm.
- Nyob rau lub xeev California, muaj 8,325 tus neeg uas muaj mob thiab muaj 178 tus neeg uas twb tau tas sim neej lawm.

#### TEJ YAM HAUJ LWM UA NYUAM QHUAV UA TSIS NTEV NO:

- Merced County Public Health niaj hnuv koom tes nrog cov nom tswv kav teb chaw, kav lub xeev, kav lub nroog thiab kav lub zos tham txog txoj kev tiv thiav rau yav pem suab. Lawv kuj koom tes nrog California Department of Public Health thiab Centers for Disease Control and Prevention saib xyuas txog COVID-19.
- Los mus sib koom tes nrog rau lub Hoob Kas Merced County Office of Emergency Services thiab niaj hnuv tham txog xwm txheej ntawm cov Hoob Kas nom tswv hauv lub nroog, tsev kawm ntawv thiaj cov neeg uas ua hauj lwm pab saib xyuas tib neeg txoj kev noj qab nyob zoo hauv peb lub nroog.
- Thaum nyuam qhuav pib lub as thiv no, cov ua hauj lwm nram Public Health tau tuaj qhia txog ntawb ntawv tshiab txog COVID-19 rau cov Board of Supervisors ntawm lawv lub rooj sab laj. Cov ntawb ntawv thiaj no saib tau rau ntawm no: <https://mercedcountyca.new.swagit.com/videos/51434>
- Lub Hoob Kas Merced County Office of Emergency Services thiab Merced County Department of Public Health los sib koom tes rau hnuv tim 13 lub 3 Hli Ntuj los hais tias muaj xwm txheej ceev. Nyob rau hnuv 16 lub 3 Hli Ntuj, lawv thiaj li hu ib lub rooj sab laj es cov Board of Supervisors thiaj pom zoo daim ntawv ntawd. Nyob rau lub 3 Hli Ntuj Vas Thib 19, tus Tswv Kav Xeev California Gavin Newson tau hais tawm rau nws daim ntawv N-33-20, thov kom sawvdaws nyob twj ywm hauv tsev. Nyob rau hnuv vas thib 20 lub 3 Hli Ntuj, Merced County's Health Officer kuj tau pom zoo thiab xa daim ntawv tawm kom cov pej xeev nyob rau lub nroog nyob twj ywm hauv tsev tsuas yog tawm mus uas hauj lwm los sis muaj yuav khoom tseem ceeb xwb.

- Lus qhia taum txog cov chaw pub dawb thiab txoj kev sib pab twb muaj ntxiv rau hauv <http://www.facebook.com/MercedCounty> thiab <http://www.countyofmerced.com/coronavirus>.
- Lub Hoob Kas Merced County Public Health Department Operations Center twb qheb thaum lub Ib Hli Ntuj Vas Thib 27 Xyoo 2020 (66 hnuv) los mus npaj tos txog rau COVID-19 uas nyob is ncig ntawm peb lub zos thaib lub nroog. Lub Merced County Emergency Operations Center qheb lawv lub qhov rooj thiab tso qhov no rau theem 1 ntawm qhov lawv yuav los pab neeg.

#### **KEV TSHAJ TAWM TSHIAB RAU QHO KEV KUAJ TXOG COVID-19:**

- Nyob rau hauv txoj kev kho mob rau pej xeeb, txhua tus tib neeg uas muaj mob raws li CDC txoj cai raug mob nhyav hauv lub nroog Merced County twb coj mus kuaj lawm. Txoj kev kuaj mob nyob thoob plaws rau lub xeev California tsis tshua muaj ntau raws li cov neeg ua hauj lwm rau lub xeev tau hais ntau zaub, vim li ntawm thiaj li mus kuaj qeeb qeeb.
- Public Health niaj hnuv nrhiav kev los mus kuaj mob lub pab rau cov nais maum thoob lub nroog kom lawv thiaj yuav kuaj tau ntau ntxiv. Lawv yuav qhia rau peb paub yog tias kuaj tau cov neeg muaj mob (txawm yog los ntawm public health los sis cov chaw kuaj mob, kuaj ntshav, kuaj zis).
- Lub av thiv no, cov ua hauj lwm rau Public Health qheb ob lub “mobile specimen collection site” rau COVID-19 rau cov neeg uas tus nias maum xa mus kuaj thiaj li yooj yim mi ntsis. Lawv nyuam qhuav qheb ob lub chaw no av thiv tas los no es yuav pib kuaj mi ntsis uas ntej. Thaum pib, lawv hais tias ib av thiv yuav qheb ob hnuv, ib hnuv yuav qheb li plaub xooj moos, ib qho chaw yuav qheb nyob rau sab hnuv poob, ib qho chaw yuav qheb nyob rau sab hnuv tuaj rau hauv lub nroog Merced. Yog tias muaj khoom kuaj ntau ntxiv thiab tib neeg los mus pab kuaj no txaus, tij zaum yuav qheb qhov rooj ntev thiab qheb ntau hnuv mi ntsis.
  - **LUS CEEB TOOM:** Yog leej twg yuav mus siv cov chaw no, yuav tsum teem sij hawm ua ntej thiab koj yuav tsum muaj ib daim ntawv xa los ntawm tus nais maum thiab pom zoo ua ntej los ntawm Merced County Department of Public Health. Yog tias koj tsis muaj it tug nais maum tiam sis koj muaj cov tsos mob no, hu tau rau 209-381-1180 tuaj sab laj. Leej twg los xib, yog tsis tau tso cai rau mus kuaj ua ntej, tus ntawd peb yuav tsis kuaj. Thaum nej teem sij hawm kuaj tas lawm peb mam li yuav qhia qhov chaw kuaj ntawd rau nej tias nws nyob qhov twg. Yog xav paub ntxiv hu rau 209-381-1180.

#### **COVID-19 COV TSOS MOB THIAB COV KEV CEEV FAJ:**

- Coronavirus cov tsos mob muaj li: mob sib mus txog rau mob ntsws hnyav, ua npaws, hnoos thiab ua pa nyuaj. Yog tsos mob muaj tshwm tawm, tus neeg mob yuav tsum nyob twj ywm hauv tsev thiab cais nws tus kheej ntawm lwm tus.
- Yog muaj leej twg tau mus cuag nrog ib tug neeg uas tej zaum muaj qhov kab mob COVID-19 thiab cov tsos mob no yuav tsum hu nws to nais maum thiab lub hoob kas saib xyuas txoj kev noj qab nyob zoo sai li sai tau.
- Yuav tsum hu koj tus nais maum ua ntej tso mam mus tom nws lub hoob kas. Tsis txhob hu 911 yog koj xav tias koj muaj COVID-19, tsuas yog koj muaj kev muaj mob hnyav heev thiab yuav tsum tau kev pab.

- Lub sij hawm no yog ib lub sij hawm uas sawvdaws kuj raug muaj npaws thiab vim yog caij ntuj no. Nws muaj ntau yam kev uas koj yuav tiv thaiv tau koj tus keej thiab cov uas nyob ib ncig ntawm koj:
  - Ntxuav koj ob txhais tes xaum maum nrog suj npus thiab dej li 20 ses nkoos.
  - Tsis txhob kov koj qhov muag, qhov ntswg thiab qhov ncauj yog tias koj tsis tau ntxuav tes.
  - Tsis txhob nyob ze ze ntawm ib tug neeg uas muaj mob.
  - Tsis txhob mus ua hauj lwm, mus kawm ntawv los sis mus ze ze ntawm lwm tus neeg yog tias koj muaj tsos mob ib yam li ua npaws los sis hnoos.
  - Yog tias koj txham los sis hnoos, muab ib daig ntawv tshuab ntswg los npog koj qhov ncauj es hnoos los sis txham rau daim ntawv tas ces muab daim ntawv coj mus pov tseg.

## MUAJ NTAU YAM QHUAB QHIA UAS YUAV PAB TAU KOJ:

- **Yog koj xav tau xov xwm tshiab txog COVID-19 mus sau koj qhov email rau:** [www.countyofmerced.com/coronavirus](http://www.countyofmerced.com/coronavirus)
- Merced County Public Health webpage uas muaj ntau ntawv txog COVID-19:
  - [www.countyofmerced.com/coronavirus](http://www.countyofmerced.com/coronavirus)
- Yog xav paub txog los ntawm Merced County Public Health, hu rau:
  - 209-381-1180 (Lus Askiv, lus Mev thiab lus Hmoob. Muaj tus tib neeg yuav nrog koj tham thaum 8 moos sawv ntxov mus txog 5 moos tsaus ntuj.)
- Yog muaj lus nug tshwj xeeb txog COVID-19 **email** mus rau Merced County Public Health:
  - [COVID-19@countyofmerced.com](mailto:COVID-19@countyofmerced.com).
- Yog xav paub ntxiv txog CDC cov lus tshaj taum:
  - <https://www.cdc.gov/coronavirus/2019-ncov/whats-new-all.html>
- Yog xav paub txog kev pab hauv tsev los sis rau yus tsev neeg los ntawm CDC:
  - <https://www.cdc.gov/coronavirus/2019-ncov/community/home/index.html>
- Nrog koj **cov menyuam** tham txog coronavirus:
  - <https://www.pbs.org/parents/thrive/how-to-talk-to-your-kids-about-coronavirus>
- Txoj cai pab cov neeg muaj lub hoob kas hawj lwm los sis taj laj thiab cov tsev ntawd:
  - <https://bit.ly/2IH2G2u>
  - <http://www.covid19.ca.gov/>
- Yog tias taj laj muab khoom nce nqe kim vim muaj kab mob no qhia rau:
  - <http://www.countyofmerced.com/3381/Price-Gouging>
- Yog tias muaj neeg siv khoom dag los sis dag txog tej khoom:
  - <http://www.countyofmerced.com/2322/Consumer-Fraud>
- Dignity Health muaj ib qho Virtual Care pub dawb rau cov neeg uas muaj qhov tsos mob COVID-19 mus xyuas.
  - Yog leej twg muaj cov tsos mob COVID-19, tus ntawd yuav nkag mus saib xyuas hauv qhov Virtual Care Anywhere dawb xwb. Cov tsos mob no zoo li ib qho ua npaws me me, hnoos, los sis ua pa tsis tshua puv.
  - Yog xav mus xyuas qhov virtual care dawb no mus rau hauv <http://www.dignityhealth.org/virtualcareanywhere> thiab rub qhov Virtual Care Anywhere qhov application nyob rau hauv Apple App Store los sis Google Play Store los sis hu xov tooj rau 855-356-8053 thiab siv tus naj npaws COVID19 nyob rau hauv daim coupon.

- Xav tau kev pab koj/Koj pab lawv:
  - <https://tesseractinstitute.org/mercedhelphub>

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