

Cov Lus Nug Txog Tsab Cai Kom Nyob Hauv Tsev

Nco ntsoov: cov FAQ no yuav tau hloov tshiab tas li. Thov rov qab los tshawb xyuas txog tej hloov tshiab thiab kom paub meej (seb hais txog dab tsi).

Tsab Cai no yuav ua dab tsi?

Yuav txhawb nqa txog kev noj qab haus huv thiab kev nyab xeeb thaum lub cai COVID-19, Merced County Public Health Official pauv txojcai Nyob-Hauv-Tsev tam sim no (Txojcai) hnuv 24 lub 4 hli 2020, mus ntxiv qhov tsawg li tsawg tau ntawm qhov sib nrug thiab cov phiaj xwm kev nyab xeeb rau cov lag luam tseem ceeb. Txojcai nthuav ntxiv rau cov ntsiab lus rau cov pab cuam tseem ceeb los suav nrog tsav tsheb mus pe hawm rau cov koom haum muaj kev ntseeg, cov chaw tu tsiaj, cov chaw ntxuav tsheb uas tsav nkag mus ntxhuav, thiab tu pas dej da. Txawm tias Txojcai tau hloov mi ntsis los, nws tseem tseem ceeb tias yuav tsum sib nrug thiab kev nyab xeeb tseem nyob vim tias tseem pheej hmoo tsam muaj kev kis loj ntxiv hauv lub zej zog.

Tsab cai tseem kom tag nrho cov neeg nyob hauv lub nroog Merced nyob twj ywm hauv tsev tsuas yog thaum mus muab kev pab cuam lossis tau txais kev pab cuam tseem ceeb lossis tseem ua cov haujlwm tseem ceeb lossis ua haujlwm rau ib lub lag luam tseem ceeb thiab kev pab cuam ntawm tsoom fww; yuav kom tag nrho cov lag luam thiab hoob kas tsoom fww uas tsis tseem ceeb kom tsum lawv tej haujlwm ua nyob hauv cov chaw hauv lub nroog; thiab tsis pub tej kev sib koom ua ke uas this tseem ceeb ntawm cov tib neeg; thiab kom kev mus ncig tsis tseem ceeb yuav tsum nres huvsis.

Tsab cai hloov tshiab ntxiv:

- Tsab cai tso cov koom haum muaj kev ntseeg los muaj kev pe hawm Vajtswv ntawm streaming lossis lwm yam technologies lossis tsav tsheb mus pe hawm thiab cov ntseeg nyob twj ywm hauv tsheb.
- Cov lag luam ntxuav tsheb uas tsav tsheb nkag mus ntxuav, tsis siv neeg, thiab tus qhua nyob twj hauv tsheb uas tsis siv nyiaj, yog ib lub lag luam tseem ceeb tam sim no. Cov chaw ntxuav tsheb ua muaj chaw siv cav nqus tsheb, qhov muaj cav nqus tsheb yuav tsum kaw tseg qhov ntxuav xwb. Txojkev sib nrug yuav tsum muaj ntawm tus qhua thiab tus ua haujlwm li 6 tshim.
- Cov pab cuam tu pas dej da los qheb tau lawm.

Thaum twg thiaj yuav tsum ua raws li Tsab cai nov?

Thawj Tsab cai Nyob –Hauv-Tsev twb tawm siv txij thaum lub 3 hlis, tim 20, 2020 los lawm. Tsab hloov tshiab no yog hloov rau tsab tawm thaum lub 4 hlis tim 17, 2020 thiab muab siv rau lub 4 hlis tim 24, 2020.

Tsab cai no yuav siv ntev npaum cas?

Tsab Cai nov yog kom pib siv niaj hnuv no mus kom txog thaum tsoom fww muab tshem tawm, hloov los sis kho dua. Yuav ntev npaum li cas rau cov kev txwv no los nyob ntawm seb Tus Neeg Saib Xyuas Kev Noj Qab Haus Huv Hauv Nroog txiav txim siab seb hov ntej thiaj tsim nyog yuav tiv thaiv cov pej xeem kev noj qab haus huv.

Tsab cai no hloov puas tau?

Tau. Tus Thawj Saib Xyuas Kev Noj Qab Haus Huv tuaj yeem hloov tau kom raws li tej txheej txheem muaj tshiab hais txog kev noj qab haus huv hauv zej zog thiab muaj Tsab Cai qhia seb yuav ua cas los nyob ntawm lub cai nyoog.

Mus saib ntawm Merced County qhov website ntawm:

<http://www.countyofmerced.com/coronavirus> rau cov xwm txheej tawm txhua hnuv.

Cov tsoom fww hauv lub Nroog tseem muab kev koom tes nrog cov tub muab xov xwm kom muab tej xwm txheej tawm tshiab xa rau sawv daws paub.

Tsab cai nov yuav tswj txij twg los?

Tsab Cai no tswj tag lub Nroog Merced, thiab ib cheeb tsam ntawm lub Nroog Merced.

Leej twg yog tus tawm Tsab cai?

Tsab cai no tau tawm los ntawm Tus tswj Merced County Public Health tom qab tham nrog Merced cov tswj xwm saib xyuas kev noj qab haus huv tag. Tus Kws Saib Xyuas Kev Noj Qab Haus Huv muaj txoj cai raws kev tso cai los ntawm tsoom fww (hauv lub xeev) txog kev tiv thaiv kev noj qab nyob zoo thiab kev noj qab haus huv ntawm tej nroog lawv muaj cai tswj.

Yuav muaj dab tsi tshwm sim yog tias kuv tsis ua raws li Tsab cia no?

Yog koj tsis ua raws Tsab cai nws yog ib qho txhaum cai lub txim yog raug nplua nyiaj, raug kaw, los sis ob qho tib si.

Vim li cas thiaj muaj Tsab Cai no tawm?

Tsab Cai Txwv no yog tsim los daws qhov kis tus kab mob sib kis uas yog COVID-19 nyob hauv Nroog Merced. Muaj ntau qhov sib kis tus kab mob no hauv zej zog, uas yog kis tau yooj yim ntawm tib neeg. Ib qhov teeb meem loj hauv kev tswj hwm kev sib kis tus mob yog muaj coob leej neeg uas muaj tus mob no tsis muaj tsos mob tawm tus kheej los sis muaj tsos mob me xwb. Tiam sis cov neeg no yuav mus kis cov mob tau yooj yim rau lwm tus neeg txawm tias cov neeg no tsis pom muaj mob. Thiab tus kab mob no yuav nyob kav ntev saum cov npoo nto rau ntau thaj chaw (txij li ntau teev mus rau ntau hnuv).

Hmoov tsis zoo, tus kab mob no tuaj yeem ua rau mob hanyav rau qee tus neeg thiab tseem tuaj yeem ua neeg tuag taus. Qee tus neeg uas tau kis tus kab mob, tshwj xeeb tshaj yog cov laus tshaj 60 xyoo, cov neeg tsis muaj zog tiv thaiv kab mob, thiab cov neeg muaj mob ntau yam (saib hauv qab no rau cov npe qhia txog), tuaj yeem ua kom muaj kev mob nyhav xws li ua npaws, mob ntsws/ntsws muaj dej, thiab qee zaum muaj kev ploj tuag. Tsis tau muaj ib yam luag pom zoo tias yuav coj los kho los yog kho tau tus kab mob COVID-19. Qhov ntawd txhais tau tias cov neeg mob heev yuav tsum tau txais kev kho mob xws li pa oxygen los sis pab ua pa.

Vim tias tus kab mob kis tau yooj yim, yog tsis muaj kev cuam tshuam Tsab Cai Txwv no, nws yuav ua rau ntau tus neeg xav tau kev kho mob hauv tsev kho mob uas ua rau peb cov tsev kho mob ntxhov siab heev. Tej zaum peb yuav tsis muaj txaj los yog khoom siv kom txaus saib xyuas cov neeg mob hanyav. Peb cov neeg ua hauj lwm saib xyuas kev noj qab haus huv thiab cov neeg xwb nqis tes pab thaum hu txog muaj xwm ceev muaj kev plhom sij, thiab yog tias cov tub txib no muaj mob lawm yuav ua rau peb muaj cov neeg ntaus thawj ua txoj hauj lwm nov tsawg.

Rau cov laj thawj ntawd, nws yog qhov tseem ceeb heev uas peb tam sim no ua txhua yam hauv peb lub zog kom txhob sib kis tus kab mob. Ua li ntawd yuav pab "ua kom cov muaj mob txhob nce siab" kom tus kab mob sib kis no muaj tsawg zuj zus thiab pab tau peb tej tsev kho mob nkeeg tej kev ntxov siab. Yog tias qhov no ua tau, nws txhais tau tias yuav muaj kev saib xyuas kev noj qab haus huv rau cov neeg muaj mob COVID-19 lossis tus neeg xav tau kev kho mob kub ceev rau kev raug mob, mob plawv, mob ntshav nce hlwb, thiab lwm yam mob hanyav. Peb txhua tus yuav tsum ua peb txoj hauj lwm tam sim no txhawm rau tiv thaiv txhua tus hauv zej zog. Txoj hauv kev zoo tshaj yog "cais tawm ntawm tus kheej" hauv tsev kom tsis txhob kis tus kab mob ntxiv.

Nyob Hauv Tsev

“Nyob hauv tsev” thiab “kev sib cais (nyob sib nrug)” sib txawv li cas?

Nyob hauv tsev yog qhov kev coj nruj tshaj ntawm kev nyob sib nrug ntawm lwm tus. Nyob hauv tsev txhais tau tias:

- Koj tawm tau mus “ua qav num tseem ceeb,” ua hauj lwm “hauj lwm/lag luam tseem ceeb,” los yog “tawm ncig tseem ceeb” ua raws li Tsab cai hais tseg (saib ntawm FAQs kom paub meej tshaj)
- Tsis pub muaj koom txoos, nyob coob leej ua kev.
- Koj yuav tsum nyob nrug deb li 6 tshim ntawm lwm tus kom ntau li ntau tau, ntxuav koj ob txhais tes ntshawv ntshis tsawg kawg 20 fiab txhua zaus (los sis siv cov tshuaj ntxuav tes), nquag txhuam tej qho koj kheev tuav/kov, thiab nyob hauv tsev yog tias koj mob.

Kuv puas tuaj yeem tawm hauv tsev mus xyuas cov phooj ywg los sis tsev neeg yog tias tsis muaj xwm ceev los sis kuv tsis mus ib txoj hauj lwm tseem ceeb? (Raws li Tsab Cai sau tseg)?

Tsis tau. Peb sawvdaws yuav tsum tau sib pab tiv thaiv tus kab mob sib kis COVID-19 ces sawvdaws yuav tau nyob hauv tsev. Txawm yog rau koj thiab koj tus hlub tus tshua kom tau txoj kev nyob nyab xeeb, nyob tsev.

Kuv puas tseem yuav tau txais kuv tej ntawv thiab tej khoom xa tuaj?

Tau. Koj tseem yuav tau txais koj tej ntaub ntawv thiab tej khoom tuaj rau ntawm koj tsev.

Kuv puas tseem yuav xaj tau tej khoom kuv xav tau online thiab kom lawv xav tuaj rau ntawm kuv tsev?

Tau. Cov lag luag uas hauj lwm xa khoom rau tib neeg yog hauj lwm/lag luam tseem ceeb, lawv tseem xa tau tuaj.

Kuv tawm mus ntxhua khaub ncaws los sis xa mus ntxhua puas tau?

Tau. Nyob kom sib nrug ntawm lwm tus neeg thaum koj tawm hauv tsev.

Kuv tawm hauv tsev mus tom tsev muag tshuaj mus nqa/muab ntxiv kuv cov tshuaj puas tau?

Tau. Raws Tsab cai teev tseg, tej tsev muab tshuaj thiab tej chaw muag khoom siv pab rau tej kev kho mob nkeeg tseem qhib. Rau koj kev nyab xeeb, yog ua tau, koj yuav tau kom luag xa koj tej tshuaj los yog tej tshuaj siv tuaj.

Yog tias kuv xav tau kev pab txog kev mob nkeeg los ntawm kuv tus kws kho mob nev?

Koj tseem muaj feem piav/hais txog koj tus mob. Hu rau koj tus kws kho mob seb lawv puas tseem qhib li yav tag. Muaj qee yam kev pab, tshwj xeeb tej kev pab luag tau xaiv tseg, tej zaum yuav tau muab ncuas los yog tshem tawm. Yog tias koj muaj mob, thov xub hu rau koj tus kws kho mob tso, hu rau tus xov tooj ntawm tus pab kws kho mob, los yog tej chaw kho mob sai. Yog tias koj tsis muaj mob nyhav tiag, tsis txhob mus rau ntawm qhov chaw/chav muaj xwm txheej ceev.

Kuv puas tseem mus tau rau tej kev kho mob uas tsis yog ib yam tseem ceeb heev xws lis tshuaj ntsuam xyuas qhov muag, kho/txhuam kaus hniav thiab lwm yam kev kho mob?

Feem ntau, koj yuav tau muab ncuu rau qhov kev kho mob nkeeg uas tsis tseem ceeb thiab kho hniav tej, yog ua tau. Yog tos tau, ces tos. Tham nrog koj tus kws kho mob seb nws muaj txoj cai tshwj xeeb li cas. Tej zaum lawv twb muab tshem tawm lawm. Yuav tsum tsis txhob pub koj thiab lwm tus neeg raug kev phlom sij rau txoj kev kho los yog tshuaj xyuas mob uas tsis tseem ceeb heev thiab yeej tos tau li ob peb lub lim pias.

Kuv puas yuav tau npaj khoom noj haus, ntawv siv hauv chav dej (hoob nab), thiab tshuaj siv?

Tsis tau. Tej yam khoom siv nov xwb koj yeej mus yuav tau. Tej khw muag tej khoom tseem ceeb xws li khw muag khoom noj, muag tshuaj thiab muag khoom vaj tsev tseem qhib. Thov kav tsim mus yuav li koj niaj zaus yuav. Qhov nov yuav ua kom muaj khoom siv txaus rau sawv daws.

Yog tias kuv muaj mob yuav ua cas? Yog tias kuv los yog tsev neeg xav tau kev kho mob sai, kuv tawm puas tau mus ntsib kws khob mob lossis mus tom hoos maum?

Hu 9-1-1 los sis mus ntawm chav kho mob ceev thaum muaj mob nkeeg nyhav. Yog tias koj tsis muaj mob nyhav tiag, tsis txhob mus rau ntawm qhov chaw/chav kho muaj xwm mob nkeeg ceev. Yog koj los yog koj tsev neeg muaj mob thiab tsis yog ib qhov mob nkeeg ceev, koj yuav tsum hu mus tham nrhiav tswv yim tso. Hu koj tus nais maum ua ntev, hu rau tus xov tooj ntawm tus pab kws kho mob, los yog tej chaw kho mob sai.

Kuv tawm puas tau hauv tsev mus tu ob tug laus (kuv niam thiab kuv txiv) los sis cov phooj ywg uas xav tau kev pab cuam los saib xyuas lawv tus kheej? Los sis tej phooj ywg los sis ib tug ntawm tsev neeg uas tsis taus?

Tawm tau. Ua tib zoo saib xyuas thaum mus pab rau cov neeg pab tsis tau lawv tus nkeeg thiab xyuas kom koj tiv thaiv lawv thiab koj tus kheej raws li hais tseg thaum nyob ua ke coob xws li ntxuav tes ua ntej thiab tom qab muab kev pab lawv tag, siv cov tshuaj ntxuav tes, nyob sib nrug li ntawm 6 tshim yog ua tau, thiab siv ntaub so ntswg thaum hnoos los sis txham.

Kuv puas tuaj yeem mus saib cov neeg kuv hluv tshua hauv tsev kho mob, tsev laus, chaw tu neeg mob, los sis lwm qhov chaw tu neeg?

Koj tuaj yeej mus tau rau tej tsev kho mob los yog tej chaw saib xyuas neeg mob tsuas yog tias koj mus nrhiav kev pab thiab mus nqa khoom siv rau tej kev kho mob nkeeg xwb. Yog tej kev mus saib ntawv tsis tseem ceeb yuav tsis pub mus. Txis txhob mus rau hauv tej tsev tu cov tib neeg laus, txawj tshaj lij tsev laus, chaw tus neeg nyob hauv tsev laus dhau ntawm qhov yuav mus muab kev pab cuam tu lawv lawm.

Cov neeg muaj hnuv nyoog tshaj 60 xyoo lawm mas muaj feej kis kab mob COVID-19 yooj yim.

Kuv tawm puas tau hauv tsev mus rau koom pab cuam hauv tuam tsev, tsev pe hawm, tsev teev ntuj lossis lwm qhov chaw thov ntuj?

Txhua qhov chaw pe hawm yuav tsum kaw twj ywm thiab muaj kev rau lawv pawg ntseeg nkag mus xyuas kev pe hawm vim tias Txojcai tsis pub tej qhov/yam tsis tseem ceeb mus sib koom ua ke. Muaj ntau qhov chaw pe hawm muaj kev nkag mus saib xyuas, pe hawm, ntawm email, video streaming, lossis sib tham ntawm xov tooj. Tsis tas li, lub Xeev California tau tshaj ib ntawv tawm qhia meej to Tswj Xeev daim cai ntawm 4 hli tim 17, 2020.

Tseeb dua ntawd, lub Xeev hais tias tib neeg (tus kheej) mus pe hawm tsis tau tiamsim lawv hais meej tias "...tsav tsheb mus pe hawm yeej tau raws li Tus Tswjhum Txojcai, uas pom tau hais tias "kev ntseeg kev pab cuam yog muaj...lwm yam technology," tsuas yog cov tib neeg uas koom nrog txojkev pab cuam ntawm ua raws txojkev qhia nrog thiab tsis txhob chwv lwm tus.

Hais tau tias, kev ntseeg txojkev pab cuam es lawv saib tau los ntawm streaming lossis lwm yam technology suav nrog tsav tsheb mus pe hawm es cov ntseeg nyob twj ywm hauv tsheb, tau txhais tias yog ib qho tseem ceeb ntawm tus Tswj Xeev Txojcai. Tus Merced County Health Officer Txojcai thiab ntaub ntawv qhia nyob ntawm: <https://www.co.merced.ca.us/DocumentCenter/View/24363/Press-Release-with-Health-Order-Amended-April-4-2020?bidId=>

Kuv khiav/muaj ib lub tsev pam tuag. Puas pub ua ntees?

Ua tau, tiamsis muaj kev txwv. Sib koom ua ke yog ib qho uas ua rau cov kab mob COVID-19 no kis, thiaj muaj kev txwv los tso cai sib npaug ntawm kev nyab xeeb thiab kev ntseeg, tej kab ke, thiab kab ke. Yog tias ua tsis tau raws li txojkev cai, yuav tsis pub muaj qhua.

- Tsis pub pam tuag lossis saib tus tuag rau lwm taj chaw lossis hauv ib tug ntiag tug tsev.
- Thaum coj mus faus lossis coj mus hlawv es tsis muaj neeg tuaj saib xyuas yog qhov xav tau, **kev ua ntees yeej saib xyuas tau ntawm video streaming, tom toj ntxas, lossis tsav tsheb dhau ntawm toj ntxas** nrog neeg tsawg li tsawg tau.
- Tsis pub tshaj 10 tus neeg suav nrog tus xib hwb thiab tus kho las phoos, microphones tej ntawm thiaj tuaj tau ntawm lub ntees; tsis pub 10 tus neeg no hloov haujlwm.
- Yog tus tuag no tau tuag lawm vim kuaj muaj COVID-19, yuav tsum qhia rau to xib hwb.
- Tsis pub tus neeg muaj mob tuaj xyuas lossis saib tus neeg tuag.
- Txhua tus neeg yuav tsum npog qhov ncauj qhov ntswg thiab txav deb li 6 tshim ntawm tus neeg.

- Saib xyuas tus neeg tom tsev txias tsis pub tshaj 30 nas this.
- Saib xyuas ntawm ntxa tsis pub tshaj 15 nas this. Tsis pub tshaj 10 lub tsheb ntawm toj ntxas. Tam sis no cov toj ntxas yuav kaw ib ntus ces yuav mus saib xyuas txhua hnuv tsis tau lawm.

Kuv puas tuaj yeem ua tau tej kev nco txog los sis kev lig kev cai rau hauv kuv tsev thiab caw tsev neeg thiab tej phooj ywg tuaj koom?

Tsis tau, yuav ua rau koj thiab koj tus hluv tus tshua kev nyob nyab xeeb, txhob caw koj tsev neeg, tej phooj ywg, los sis tej qhua uas tsis nrog koj nyob ua ib tse tuaj hauv koj tsev. Tsab cai tsis tso cai rau cov hauj lwm tsis tseem ceeb muaj neeg tuaj sib sau nyob coob ua ke.

Yog tias kuv tawm tsis tau hauv tsev? Ua cas kuv thiaj tau tej khoom siv thiab zaub mov?

Thov hu rau tej phooj ywg, tsev neeg, los sis lwm leej lwm tus uas koj paub tias nws yuav pab tau koj. Lawv muaj cai mus nqa tau tej yam koj xav tau. Koj tuaj yeej hu mus yuav tau zaub mov noj thiab khoom siv, thiab koj luag xa tuaj rau ntawm koj tsev. Yog koj xav tias koj muaj feem tau zaub mov los ntawm tej tsev xa zaub mov hu rau (209) 385-3105 kom luag pib ua koj tej ntaub ntawv.

Kuv tawm puas tau mus qoj ib ce (tawm dag zog)?

Xav kom koj nhriav lwm txoj hauv kev los tawm dag zog kom nyab xeeb rau hauv vaj hauv tsev. Raws li tsab ci nov yeej pub koj tawm rooj mus qoj ib ce (nrog rau mus taug kev, nce roob, caij tsheb kauj vab) tsuav yog koj ua raws li tsab cai kom nyob sib rug ntawm lwm tus neeg (rug deb li rau tshim los yog deb dua ntawm lwm tus uas tsis yog nrog koj nyob ua ib tse). Kom tsis txhob sib kis kab mob txhob caw koj tej phooj ywg los yog tej kwv tij txheeb ze uas tsis nrog koj nyob ua ib tse tuaj/mus nrog koj qoj ib ce. Cov chaw tawm qoj ib ce (dag zog), kev tawm dag zog, cov chaw dhia ua si, thiab cov chaw da dej rau pej xeem tsis pub qhib (kaw tag nro).

Cov chaw ntsuab qhib ntawm chaw ua si yuav qhei rau cov pej xeem nrog rau cov kev mus ua si ntawm cav mus ua si. Cov chaw ntawm phoj los mus noj mov, ci nqaij, thiab lwm cov chaw khws li no uas nyob ntawm phoj yuav tsum kaw twj ywm. Tej tus neeg uas nyob ntawm qhov chaw ntaus golf lossis siv txoj kev mus taug kev, caij tsheb kauj vab thiab cov chaw ntsuab nyob hauv phoj yuav tsum sib nrug thiab kom muab ntaub los npog qhov ncauj qhov nswg thaum tawm hauv tsev mus sab nrauv lawv lub tsev.

Qhov chaw ntaus golf thiab phoj yuav tsum kaw ua ntev cov hnuv so loj uas yuav tuaj tom ntev no rau thaum hnuv so niam hnuv, hnuv nco txog cov thab ham hnuv, txiv hunb thiab 7 hli tim 4.

Kuv muaj kev ntxhov siab thaum nyob hauv tsev, kuv mus puas tau rau ntawm tej chaw ua si? Kuv tawm mus ncig rau tsoom fwv tej chaw ua si lossis yog tej chaw tsis muaj neeg coob yog kuv nyob nrug ntawm lwm tus puas tau?

Ua ib txog kev txhawb nqa kev noj qab hauv hur that kev noj qab nyob zoo, Merced County Public Health Officials tau pauv txojcai Nyob Hauv Tsev uas siv tam sim no, los kho tso cai rau tib neeg mus ua si tom phoj thiab qhov chaw ntaus golf. Txoj cai kho no yuav siv tam sim no mus thiab yuav hloov txoj cai ua tau muab sim thaum lub 4 hli tim 17, 2020.

Kom koj muaj kev nyab xeeb, koj yuav tau nyob hauv tsev thiab nrhiav lwm txoj hauv kev ua kom pab tau koj tej kev ntxhov siab. Txawm li cas los sij, raws tsab cai nov, koj yeej tawm rooj mus ncig ib ncig ntawm koj lub vaj tse, mus taug kev, los sis caij tsheb kauj vab tawm dag zog tsuas yog koj yuav tau nyob nrug ntawm lwm tus neeg (saib rau Q&A saud).

Cov phoj puas qhib thiab kuv mus ua si ntawm puas tau?

Cov chaw ntsuab qhib ntawm chaw ua si yuav qhei rau cov pej xeeb nrog rau cov kev mus ua si ntawm cav mus ua si. Cov chaw ntawm phoj los mus noj mov, ci nqaij, thiab lwm cov chaw khws li no uas nyob ntawm phoj yuav tsum kaw twj ywm. Tej tus neeg uas nyob ntawm qhov chaw ntaus golf lossis siv txoj kev mus taug kev, caij tsheb kauj vab thiab cov chaw ntsuab nyob hauv phoj yuav tsum sib nrug thiab kom muab ntaub los npog qhov ncauj qhov ntswg thaum tawm hauv tsev mus sab nrauv lawv lub tsev.

Tej chaw ntaus golf puas qhib tau yog kuv tus kheej nyob nrug ntawm lwm tus tib neeg?

Txoj cai tso cai rau cov golf courses rov qab qhib, los ntawm ib txog kev pom zoo ua lag luam cov lus qhia. Golf courses yuav qhib tau tamsis yuav muaj cai kav kov nruj. Txhua lub clubhouse (tsev koom haum muag mov/dej haus) thiab chav/chaw nyob sab hauv tsev yuav tsum kaw thiab tsis tas li cov chaw xws li Pro Shop, chaw haus cawv thiab chaw noj zaub mov yuav tsum kaw. Paub tias cov cai coj kev no yog ib cov coj los ua ke ntawm ntau lub koom haum cov cai uas lawv siv paub tau tias ua tau zoo heev. Cov nov yog cov me me uas yuav tau tswj. Cov koom hawm muaj cai los tswj lawv cov kev cai kom nruj dua yog lawv pom tau tias nws yog ib qho tseem ceeb uas yuav los pab lawv txoj kev saib xyuas kev noj qab haus huv thiab muaj kev nyab xeeb rau cov neeg uas siv lawv thaj chaw ntawm. Cov cai uas pom zoo los mus ua cov haujlwm no nyob rau hauv: <https://www.co.merced.ca.us/DocumentCenter/View/24363/Press-Release-with-Health-Order-Amended-April-4-2020?bidId=>

Qhov chaw ntaus golf thiab phoj yuav tsum kaw ua ntev cov hnuv so loj uas yuav tuaj tom ntev no rau thaum hnuv so niam hnuv, hnuv nco txog cov thab ham hnuv, txiv hunb thiab 7 hli tim 4.

Kuv mus yuav lwm yam khoom dhau ntawm zaub mov lawm puas tau?

Tau, tab sis yuav tsum tsis txhob mus ncig ntau ntau (tswj kom txhob tawm rooj heev). Koj muaj cuab kav mus yuav tau txhua yam khoom siv rau kev kho mob nkeeg, khoom siv kho vaj tse, khoom siv rau kev sib cev ncauj lus, thiab tej khom tseem ceeb rau kev nyab xeeb thiab huv.

Kuv mus puas tau rau hauv tej chaw haus dej caw/haus dej caw hmo ntuj/chaw saib yeeb yaj kiab?

Tsis tau. Tag tej chaw muab kev lom zem tsis paub qhib raws li tsab cai Nyob-Hauv-Tsev.

Kuv mus puas tau rau tej chaw noj mov, haus café thiab tshuaj yej, chaw muag ice cream los sis lwm yam chaw ua zaub mov noj?

Mus tau, tab sis tsuas yog mus nqa xwb. Koj yuav mus nyob hauv noj haus los sis nyob ib cag ze ntawd tsis tau.

Kuv tsis ua noj—Kuv tawm puas tau mus yuav zaub mov noj?

Tej tsev ua zaub mov noj, cafe, tsheb muag khoom noj, thiab lwm qhov chaw ua noj haus tseem qhib. Koj tuaj yeem yuav tau tej zaub mov luag twb npaj tau ntawm tej taj laj muag khoom noj haus, tej certified farmer's market, thiab lwm yam khw uas muag khoom noj khoom hauv.

Kuv coj kuv tus aub/tsiaj mus taug kev puas tau?

Tau, koj coj tau koj tus aub/dev/tsiaj mus taug kev. Tab sis koj yuav tsum nrug koj tus kheej kom deb li 6 tshim ntawm lwm tus uas tsis yog koj ib tse neeg uas nyob ua ke.

Kuv coj kuv tus tsiaj mus ntsib nais maum kho tsiaj, hoos maum kho tsiaj lossis tus tu tsiaj puas tau?

Tau. Thov hu ua ntej seb lawv puas muaj kev txwv txiav. Cov chaw tu tsiaj uas pub khoom noj haus, chaw nyob, kho mob thiab lwm yam kho and tej yam uas yuav los pab txojsia rau tus tsiaj tsis tas li cov chaw tu/ntxuav aub/dev, cov chaw saib xyuas aub/dev thaum nruab hnuv, cov chaw cawm tsiaj, thiab tsiaj chaw pw yog cov tseem ceeb.

Cov chaw yuav tsum:

- Tseg kom muaj li 6 tshim ntawm tus qhua thiab cov ua haujlwm/tus tswj.
- Yuav tsum tsuag tshuaj thiab so kom zoo tej npoo nto thiab khoom siv.

Kuv puas tuaj yeem tau txais zaub mov noj dawb los sis luv nqi rau kuv thiab kuv tsev neeg?

Cov tsev kawm ntawv, cov chav ua zaub mov siav, tsev khaws/muab zaub mov, thiab lwm qhov chaw yuav muab zaub mov dawb los sis txo nqi rau cov pej xeeb kom muab cov kev pab txuas ntxiv mus. Koj yuav tau mus nqa los yog kom luag nqa tuaj rau koj. Tsis txhob noj ntawm lawv thaj caw faib khoom noj haus.

Kuv mus xyuas kuv tus/cov me nyuam raws li tsev tu plaub ntug hais tseg puas tau?

Tau. Tsab Cai no tsis txwv rau tej cai tsev hais plaub los yog tub ceev xwm muaj tseg.

Kev Lag Luam, Kev ua Hauj Lwm, Thiab Tsoom Fwv Tej Hauj Lwm

Puas yog txhua lub chaw ua lag luam thiab cov khw yuav tsum kaw?

Tsis yog. "Cov lag luam tseem ceeb" yuav tau qhib (thiab yeej xav kom lawv qhib) kom muaj tej kev pab thiab khoom siv tseem ceeb rau ib zej tsoom. Cov neeg muaj hauj lwm rau cov haujlwm tseem ceeb yeej tawm tau mus ua hauj lwm. Cov lag luam uas tsis tseem ceeb qhib tau tab sis tshuas yog qhib ua hauj lwm hom tsawg me ntsis, xws li tswj tus nqi ntawm cov khoom tshuav, ua kom thaj chaw muaj kev nyab xeeb, los sis xyuas kom cov neeg ua hauj lwm tuaj yeem ua hauj lwm nyob rau tom vaj tom tsev tau. Tsab Cai txwv no yuav tsis txwv kom neeg txhob ua hauj lwm hauv tsev.

“Cov lag luam/hauj lwm tseem ceeb” Yog dab tsi?

Tsab Cai txwv yuav teev cov npe nram qab nov yog cov “Lag luam/hauj lwm tseem ceeb”:

- Cov kev ua haujlwm thiab cov tsev ua haujlwm
- Cov khw muag khoom noj khoom haus, cov muaj ntaub ntawv pov thawj neeg ua liaj ua teb, kev ua liaj ua teb, tej chaw muag txhais laj txhia xwm ntawm ntug kev, cov khw muag khoom noj, chaw rau khoom noj pub pej zeem, cov khw muag khoom yooj yim, thiab lwm lub chaw lag luam muag muag cov zaub mov kaus poom, cov khoom qhuav, txiv hmab txiv ntoo thiab zaub tshiab, muag khoom pub tsiaj, nqaij tshiab, ntses, thiab nqaij qaib, thiab lwm yam khoom siv hauv tsev (xws li khoom ntxuav thiab khoom tu tus kheej). Qhov no yog xam nrog cov khw muag khoom noj thiab lwm yam khoom siv, thiab cov khoom tsim nyog los tswj kev nyab xeeb, kev noj qab haus huv, thiab tej yam khoom siv tseeb ceeb rau pej zeem.
- Kev ua liaj ua teb, zaub mov, thiab dej haus, npaj thiab xa khoom, tsis tag rau kev ua liaj ua teb, cuab tsiaj, nuv ntses, khoom qab zib, khoom txom ncauj, dej

cawv thiab dej haus hauv dej txhawm rau kom muaj cov khoom lag luam thiab tsim khoom (tsis yog koj mus txhem muag tawm), thiab cov hauj lwm kev lag luam uas txhawb nqa kev tsim khoom thiab kev tsim los ntawm kev muab cov khoom tseem ceeb ua liaj ua teb thiab cov kev pab cuam, suav nrog tab sis tsis txwv rau, kev thauj mus los, kev tsim khoom, tshuaj, khoom siv, thiab cov kev pab cuam xws li ua kom tej khoom txias, khaws cia, ntim khoom, thiab xa cov khoom muag tawm rau tej chaw lag luam wholesale los sis tej chaw muag khoom.

- Cov lag luam uas muag khoom noj, chaw nyob chaw pw, thiab kev pab cuam pej xeem, thiab lwm yam kev pab lub neej rau cov neeg tsis muaj los sis lwm tus uas xav tau
- Cov ntawv xov xwm, TV, xov tooj cua, thiab lwm yam kev tshaj tawm xov xwm
- Chaw sam roj thiab muag khoom kho tsheb, chaw muag tsheb, chaw kho tsheb, thiab lwm lub chaw sib xws li hais tas nov
- Cov tuam txhab khaws nyiaj thiab cov lag luam txog nyiaj txiag
- Cov chaw muag khoom sev rau vaj tse
- Cov neeg kho kav dej, kho hluav taws xob, tua kab hauv tej vaj tse, cov neeg kho vaj tse, cov tu vaj tse, cov tsev txias thiab tu neeg tuag, cov ntsaig khoom, cov kho cua kub cua txias (HVAC), pua vaj tse, tu vaj zaub vaj nroj, tu xyoob ntoo, tu vaj, cov neeg ua vaj, cov tub saib xyuas kev ruaj ntseg thiab cov muab kev pab cuam saib xyuas kev nyab xeeb, kev noj qab haus huv, thiab kev ua hauj lwm tseem ceeb rau cov txwj kev khiav hauj lwm ntawm tej lag luam tseem ceeb
- Cov lag luam xa ntawv thiab xa khoom, suav nrog cov tsev xa ntawv
- Cov tsev kawm txuj ci-suav nrog cov tsev kawm ntawv ntiav thiab tsev kawm qib K-12, tsev kawm qib siab, thiab tsev kawm qib siab-rau lub hom phiaj los txhawb txoj kev kawm deb los sis ua cov hauj lwm tseem ceeb, qhia tias kev sib nruq deb li ntawm 6 tshim sib nruq ntawm lwm tus
- Cov tsev ntxua khaub ncaws, tshuab ntxuav khaub ncaws, thiab chaw muab kev pab cuam ntxhua khaub ncaws
- Tsev noj mov thiab lwm qhov chaw uas npaj thiab muab khoom noj, tab sis tsuas yog xa khoom los sis nqa tawm. Cov tsev kawm ntawv thiab lwm lub koom haum uas feem ntau muab kev pab cuam pub zaub mov dawb rau cov men yuam kawm ntawv los sis cov tswvcuab ntawm pej xeem yuav ua tau li ntawd mus ntxiv nyob rau hauv Tsab Cai no raws li cov khoom noj tau muab rau cov tub ntxhais kawm los sis cov tswvcuab ntawm pej xeem nyob tos thiab nqa mus xwb. Cov tsev kawm ntawv thiab lwm lub koom haum uas muab kev pab cuam noj zaubmov raws li kev zam no yuav tsis pub cov zaubmov noj rau ntawm lub chaw uas muab rau, los sis lwm qhov chaw sib sau ua ke.
- Kev lag luam uas muab cov khoom xav tau rau cov neeg los ua hauj lwm hauv tsev
- Cov lag luam uas muab lwm cov lag luam tseem ceeb nrog kev txhawb nqa los sis cov khoom siv uas tsim nyog los ua hauj lwm
- Cov lag luam uas xa khoom los sis xa khoom noj, khoom noj, khoom los sis khoom noj ncaj qha mus rau chaw nyob

- Tej dav hlau, cov tsheb ntiav, thiab lwm cov tuam txhab thauj neeg uas thauj muaj kev thauj mus los uas yuav tsum muaj rau cov hauj lwm tseem ceeb thiab lwm cov laj thawj uas raug pom zoo nyob hauv Daim Ntawv Tshaj Tawm no
- Tsev tu cov neeg laus, cov laus, los sis me nyuam yaus
- Cov tsev laus thiab chaw nyob rau cov neeg laus, cov neeg laus, thiab me nyuam yaus
- Cov kev pab tshawj xeeb, xws li kev pab ceev nyiaj txiag, thaum tsim nyog los pab ua hauj lwm raws li cov hauj lwm uas raug cai
- Cov kev pab cuam xa khoom tawm uas thauj cov khoom tseem ceeb, xws li dej, khoom noj khoom haus thiab khoom siv hauv tsev
 - Cov chaw zov me nyuam yaus muab cov kev pab cuam uas ua rau cov neeg ua hauj lwm raug zam hauv Daim Ntawv txwv no ua hauj lwm raws li kev tso cai. Yog tias ua tau, chaw zov me nyuam yuav tsum ua hauj lwm raws li cov hauj lwm hauv qab no:
 - Kev zov me nyuam yuav tsum tau nyob ua pab pawg ruaj khov uas muaj 12 leej los sis tsawg dua ("ruaj khov" txhais tau hais tias muaj 12 tus me nyuam los yog tsawg dua nyob rau hauv ib pawg txhua hnuv).
 - Cov me nyuam yaus yuav tsum tsis txhob hloov ntawm ib pab pawg mus rau lwm pab pawg.
 - Yog tias muaj coob dua ib pab me nyuam zov ntawm ib qho chaw, txhua pawg yuav tsum nyob hauv ib chaw. Ib pawg yuav tsum tsis txhob sib xyaw nrog lwm tus.
 - Cov neeg zov me nyuam yuav tsum nyob nrog ib pab me nyuam nkaus xwb.
- Cov chaw tu tsiaj uas pub khoom noj haus, chaw nyob, kho mob thiab lwm yam kho and tej yam uas yuav los pab txoj sia rau tus tsiaj tsis tas li cov chaw tu/ntxuav aub/dev, cov chaw saib xyuas aub/dev thaum nruab hnuv, cov chaw cawm tsiaj, thiab tsiaj chaw pwtTseg kom muaj li 6 tshim ntawm tus qhua thiab cov ua haujlwm/tus tswj yuav tsum tsuag tshuaj thiab so kom zoo tej npoo nto thiab khoom siv.
- Cov chaw ntxuav tsheb uas tsav mus nkag es cov qhua tsis tawm tsheb thiab qhov chaw muaj cav nqus tsheb, qhov chaw nqus yuav tsum kaw thiab cov ntxuav/tu tsheb, yuav tsum nyob nrog li 6 tshim ntawm tus qhua thiab cov ua haujlwm nyiaj tsis hloov tes.

Kuv khiav lub lag luam/hauj lwm tseem ceeb, raws li Tsab cai teev tseg. Kuv puas yuav tsum tau muaj tsab ntawv tso cai los ntawm tsoom fvv kuv thiaj yuav khiav/qhib tau kuv lub lag luam?

Tsis yog. Yog koj lub chaw ua lag luam yeej yog ib qho tseem ceeb nyob hauv cov npe teev tseg rau hauv Tsab Cai no ces koj ua/qhib tau. Koj tsis thas mus thov ib daim ntawv tso cai los ntawm lub Nroog koj nyob.

Kuv khiav lub lag luam/hauj lwm tseem ceeb, raws li Tsab cai teev tseg. Kuv puas yuav tsum tau ib tsab ntawv los ntawm

kuv qhov chaw ua hauj lwm los yog lwm yam ntaub ntawv tso cai rau kuv tawm mus ncig ua haujlwm?

Tsis yog. Koj tsis thas muaj ib tsab ntawv tso cai los ntawm tsoom fwm tias koj muaj cai mus tau. Tab sis npaj tseg thaum tej tub ceev xwm nug koj yuav tau teb/qhia tias ua cas koj thiaj muaj cai mus thaum lub cai tseem txwv nov.

Kuv yog neeg ua teb, puas pub kuv ua teb mus ntxiv thiab kom kuv cov neeg uas kuv ntiav tuaj ua teb rau kuv?

Tau, kev cog qoob loo, kev npaj thiab kuv tsim khoom ntawm kev ua liaj ua teb suav tias yog kev lag luam tseem ceeb.

Yog tias kuv lub lag luam tsis xam tias yog kev ua lag luam tseem ceeb? Tsab cai nov puas yuam kom kuv kaw kuv lub lag luam?

Koj thiab koj cov tub ua haujlwm yuav ua tau “tej yam haujlwm tsawg li tsawg tau” rau ntawm koj chaw ua hauj lwm, tsuas yog lawv txhob nyob sib ze tshaj ntawm 6 tshim. Ua tej yam haujlwm tsawg li tsawg tau yog ua ntawv said xyuas seb tshuav khoom muag npaum cas, yuav kev ruaj ntseg, thiab xyuas kom cov tub txib ua tau hauj lwm lwm qhov tuaj (ua ib leeg/tsis nrog lwm tus ua ke). Lwm txoj hauv kev uas “ua hauj lwm kom tsawg li tsawg tau,” yog cov tub qav num ua hauj lwm tom lawv tsev.

Tam sim no kuv tau txais kev pab los ntawm Merced County’s Human Services Agency. Ua Tsab Cai txwv no puas ua rau kuv tej kev pab tu cua?

Tsis tu, lub Human Services Agency yog Tsoom Fwm ib qho kev pab Tseem Ceeb thiab yuav tsis kaw. Hu ncaj qha rau ntawm lawv qhov chaw ua hauj lwm txog lawv tej kev pab cuam/lub sij hawm qhib.

Ua li Tsab Cai no puas kom kaw tej tsev kawm ntawv?

Tsab Cai no yuav kom txhua lub tsev kawm ntawv tsum tsis txhob qhia ntawv rau ntawm cov chaw nyob hauv Lub Nroog. Txawm li cas los xij, tsev kawm ntawv yuav muab kev kawm nyob sib nruag deb (xws li kawm tom tsev) rau lawv cov tub ntxhais kawm. Cov neeg ua hauj lwm ntawm cov tsev kawm yuav mus ua hauj lwm raws lub hom phiaj los muab kev kawm sib nruag deb (kawm tom tsev) rau lawv cov tub ntxhais kawm. Cov tsev kawm tseem yeej meem muab zaub mov noj pub dawb los yog txo tus nqi qes rau cov tub ntxais kawm ntawv kom lawv tuaj nqa mus tsev lossis xa tuaj, uas muaj ntau lub tsev kawm hauv lub nroog Merced tau ua .

Tsab Cai no puas txwv cov tuam txhab ua hauj lwm rau cov neeg ua tshuaj tiv thaiv thiab sim tshuaj rau COVID-19 tsis txhob ua txoj hauj lwm thiab?

Tsis yog. Tsab Cai Sau Tseg zam tag nrho cov lag luam uas tau ua hauj lwm txog kev xa khoom kho mob.

Kuv lub lag luam/txoj hauj lwm yog ua zaub mov noj thiab xa khoom siv rau tej chaw muag khoom thiab zaub mov. Kuv puas yuav tsum tau kaw?

Tsis tau. Tag tej chaw xa/muag khoom rau lwm lub chaw lag luam yog lub luag hauj lwm tseem ceeb tso cia (thiab xa/txhawb) kom qhib mus ntxiv. Nov yog xam nrog cov chaw xa tej khoom siv thiab npaj zaub mov noj xa mus rau lwm lub chaw muag.

Tsab Cai txwv no puas yuam kom cov lag luam tsum tsis txhob ua hauj lwm uas tsim nyog rau peb txoj kev kho mob?

Tsis yog. Tsab Cai nov yuav zam tag nrho cov lag luam uas tau ua hauj lwm rau tej kev kho mob nkeeg.

Kuv lub tuam txhab puas tuaj yeem ua/tsim kho tej vaj tse hauv lub tsev kho mob tau mus ntxiv?

Tau, Tsab cai txwv no yeej zam tag nrho cov lag luam uas tau ua hauj lwm rau tej kev noj qab haus huv.

Raws Tsab Cai no kuv cov neeg ua hauj lwm nyob, zov, puas tau hauv tej chaw sim tshuaj kab mob (labs)?

Pub koj thiab koj cov neeg ua hauj lwm ua tej hauj lwm “me me los yam sib kom txhob yog muab kaw kiag lawm xwb” rau ntawm koj tej chaw sim tshuaj los yog lag luam, tsuas yog nej nyob sib nrug kom deb tshaj li ntawm 6 tshim ntawm lwm tus neeg. Yog hais tias nyob/zov lub tuam txhab qhov chaw sim tshuaj mob yog qhov tsim nyog los tswj cov khoom muaj nqis, Tsab Cai txwv no yuav tso cai kom nej ua tau hauj lwm mus ntxiv. Dhau ntawm lawm, koj lub chaw sim tshuaj mob yuav tau ua raws li tsab cai tej kev zam.

Qhov tuam thawj ntawm kuv lub lag luam yog tsim khoom, muag khoom siv, los sis kho cov xov tooj ntawm tes. Ua kuv qib puas tau?

Tau. Yog tias koj txoj kev lag luam yog muag khoom los sis kho cov xov tooj ntawm tes los sis lwm yam khoom siv hauv lub xov tooj, ces nws yog qhov tseem ceeb thiab koj yeej qhib tau raws li Tsab Cai hais tseg.

Cov koom haum pab sawv daws puas tseem ua hauj lwm tau?

Yog tias lawv muab cov kev pab cuam tseem ceeb raws li tau hais tseg hauv Tsab Cai txwv, ces qhib/ua tau, lawv tuaj yeem thiab kav tsij muab cov kev pab cuam ntawd ntxiv. Qhov no yuav suav nrog rau cov koom haum uas muab zaub mov rau cov pej xeeb, muab vaj tsev rau cov neeg tsis muaj tsev nyob, thiab muab lwm yam kev pab cuam tseem ceeb.

Yuav ua cas yog tias kuv lub lag luam/hauj lwm muaj qee yam tseem ceeb thiab ho muaj qee yam tsis tseem ceeb?

Koj kav tsij ua tej yam xam tias yog yam tseem ceeb mus ntxiv. Koj yuav tsum ua kom muaj kev ua hauj lwm tom tsev ntau thiab ua raw li txoj kev sib nruq thaum sawv daws nyob coob leej ua ke. Lub lag luam yuav ua tsis tau tej yam tsis tseem ceeb.

Kuv khiav lub “kiab khw loj” uas muag khaub ncaws ntxiv rau tej khoom noj haus, khoom hluav taws xob, thiab khoom kho vaj tse. Kuv puas yuav tsum tau kaw ib feem ntawm kuv lub khw uas muag cov khoom siv tsis tseem ceeb?

Tsis tau. Koj tuaj yeem qhib koj lub khw tag nrho yog tias feem ntau muag cov khoom lag luam tseem ceeb xws li cov khoom noj, tshuaj thiab khoom siv sib txuas lus.

Yog tias kuv muaj chaw noj mov ntawm kuv chaw ua hauj lwm. Kuv puas tuaj yeem ua tau zaub mov rau cov neeg ua hauj lwm uas lawv ua cov hauj lwm raug zam hauv Tsab Cai?

Koj qhov chaw ua zaub mov yeej ua tau ib yam li lwm lub chaw ua noj haus. Nws tuaj yeem ua tau zaub mov rau cov neeg uas tseem ua hauj lwm tau noj, tsuav yog lawv coj mus noj lwm qhov, txhob noj ntawm chaw koj ua ntawd. Tej chaw ua mov noj yuav tsum ua raws li Tsab Cai hais tseg txog qhov nyob sib nruq thaum muaj neeg coob.

Ua li tsoom fwv tej chaw ua qav nus puas kaw?

Tsis kaw, cov qav nus tseem ceeb tseem qhib, xws li cov ua txoj hauj lwm thaum muaj xwm ceev, cov tswj kev muaj xwm ceev, cov teb xov tooj thaum muaj xwm ceev, thiab cov tub ceev xwm. Tsoom fwj li tej qho chaw ua hauj lwm yuav tau txo sij hawm ua hauj lwm kom luv los yog kaw uas nws yog ib qho ua kom muaj yeej txog kev tiv thaiv tus kab mob sib kis COVID-19.

Kuv ua hauj lwm rau tsoom fwv – kuv mus ua hauj lwm puas tau?

Cov neeg ua hauj lwm rau tsoom fwv tuaj yeem mus ua hauj lwm yog tias lawv raug xaiv tias yog cov neeg ua hauj lwm tseem ceeb los ntawm lawv qhov chaw ua hauj lwm. Txhua lub koom haum uas tsoom fwv tswj nws yog lawv lub luag hauj lwm los txiav txim seb tus twg/pab twg yog cov neeg ua txoj hauj lwm tseem ceeb.

Kuv yuav ua cas yog tias kuv tus tswv zog kom kuv mus ua hauj lwm?

Ntau lub lag luam/chaw ua hauj lwm tsis muaj cai ua hauj lwm raws Tsab Cai txwv. Cov lag luam tseem ceeb, raws li sau tseg hauv Tsab Cai txwv, muaj cai (thiab txhawb nqa) kom ua tau hauj lwm mus ntxiv. Yog tias koj ua hauj lwm ntawm ib lub lag luam es tsis yog hauj lwm tseem ceeb, tsis pub koj mus ua haujlwm thiab koj tus tswv zog yuav kom koj mus ua haujlwm tsis tau tsuas yog kom mus ua tsawg li tsawg tau kom lub lag luam tsis tuag/kaw, raws li Txoj Cai tau hais tseg. Koj tuaj yeem ua hauj lwm tom tsev yog koj qhov haujlwm ua tau.

Kuv ua hauj lwm hauv hoos maum loj, tsev kho mob me, tab sis kuv tsis paub tseeb tias kuv txoj hauj lwm puas yog ib txog tseem ceeb. Kuv puas yuav ua hauj lwm ntxiv mus? Yog tias kuv muaj hnuv nyoog tshaj 60 xyoo nev?

TXHUA tus neeg ua hauj lwm hauv hoos maum loj, tsev kho mob me, thiab lwm lub koom haum uas muab kev saib xyuas kev noj qab haus huv, muab kev pab cuam rau cov koom haum pab cuam kev noj qab haus huv, xav khoom tawm rau cov koom haum kev noj qab haus huv, los sis lwm yam kev saib xyuas kev noj qab haus huv txhua hom yuav ua hauj lwm tau. Lub Nroog Tsab Cai thiab Tus Tswj Xeev txoj cai tau tso cai rau cov neeg ua hauj lwm tseem ceeb tshaj 60 xyoo mus ua hauj lwm txuas ntxiv, txawm hais tias luag hais kom cov muaj hnuv nyoog li ntawd kom nyob hauv tsev.

Yuav ua li cas rau kuv cov me nyuam? Kuv yuav tswm tau mus ua hauj lawm.

Yog tias koj txoj hauj lwm yog txoj hauj lwm tseem ceeb, raws li tau hais tseg nyob rau hauv Tsab Cai, koj tuaj yeem thiab yuav tsum tau ua hauj lwm. Qee tus tswv cuab hauj lwm, tsev kawm ntawv, thiab cov koom haum hauv zej zog tseem yuav muab kev pab saib xyuas me nyuam rau cov neeg ua hauj lwm ntawm cov hauj lwm tseem ceeb. Los sis koj kuj ntiav tau ib tug neeg zov/tu me nyuam rau hauv koj tsev.

Tej chaw kho tsheb kauj vab puas tuaj yeem qhib tau?

Tau kawg, lub khw kho cov tsheb kauj vab yog kev lag luam tseem ceeb (tib yam li cov chaw kho tsheb) vim tias lawv yog qhov yuav tsum tau muaj/tseem ceeb los pab rau kev mus los sib cuag.

Kuv lub tuam txhab/chaw ua hauj lwm puas tseem muab kev ntxuav tsev mus ntxiv?

Tau, kev tu vaj tse yog ib qho tseem ceeb rau kev nyob zoo thiab kev huv.

Tej khw muag khoom noj, khw tshav puam muag khoom noj haus, thaib lwm yam khw muag zaub mov noj puas tseem qhib?

Qhib tau. Tej khw muag khoom noj khoom haus, taj laj tshav puam, muag txiv hmab txiv ntoo ntawm ntug kev, taj laj loj, txiv khaws khoom noj khoom haus pub rau cov pej xeem, khw muag khoom siv hauv vaj tse thiab tej khw zoo ib yam yeej txhawb kom qhib thiab muaj khoom noj thiab khoom pub tsiaj rau cov laj mej pej xeem. Thaum mus ncig tej chaw lag luam no, thov pab tej khw muag khoom kom xws li nyob sib nruz 6 tshim deb ntawm lwm tus, nrog rau thaum los tos them khoom.

Yog tias kuv tus me nyuam lub tsev kawm ntawv muab khoom noj haus, kuv tawm puas tau mus nqa tej zaub mov?

Tau, yeej tso cai rau koj mus nqa tej zaub mov noj los noj hauv tsev. Tsis txhob noj ntawm thaj chaw lawv faib zaub mov.

Tej tsev rau khoom thiab chaw faib khoom uas muag khoom siv rau tej chaw muaj khoom kws xa khoom tawm puas tseem qhib?

Qhib.

Kuv ua hauj lwm tseem ceeb rau tsoom fwv lub koom haum tsim kho vaj tse/txhua yam - Kuv puas tuaj yeem tawm tau mus ua hauj lwm?

Tawm tau. Koj tuaj yeem mus ua hauj lwm rau kev tswj hwm thiab ua hauj lwm tsim kho cov cuab yeej tseem ceeb, suav nrog kev tsim kho pej xeem tej kev, kev tsim kho vaj tse rau ib zej tsoom, ua hauj lwm hauv tej tshav dav hlau, kho dej, lim dej, roj, hluav taws xob, chaw lim roj, tej kev, kev xa khoom mus los sib cuag ntawm tej pej xeem, khoom/xa khib nyiab tawm, internet, thiab kev sib txuas lus hauv lub xov tooj (suav nrog qhov tseem ceeb ntawm ntiaj teb, lub teb chaws, thiab cheeb tsam hauv nroog rau cov kev pab cuam, tsim kho kev lag luam, kev sib txuas lus, thiab kev pab cuam hauv web-based).

Ua yam kev tsim kho twg thiaj tau kev tso cai?

Tsab Cai txwv no tsuas yog zam rau kev tsim kho vaj tsev, kev ua lag luam, kev tsim kho pej xeem tej kev, thiab kev kho mob thiab tej chaw kho mob.

Yuav ua li cas yog tias kuv xav mus ua hauj lwm ntawm ib qho chaw nyob hauv Nroog thiab kuv tsis muaj mob?

Tshwj tsis yog koj txoj hauj lwm raug zam nyob hauv Txoj Cai, yuav tsis paub koj mus ua hauj lwm. Koj tuaj yeem ua hauj lwm tom tsev yog tias koj qho chaw hauj lwm tso cai.

Kuv puas tuaj yeem ua tej lag luam uas muag khoom xa mus rau ntawm tib neeg tej vaj tsev? Kuv puas tuaj yeem hloov kuv txoj kev lag luam mus rau kev xa khoom?

Kev xa khoom yeej tseem xa tau mus rau tej vaj tse thiab koj tuaj yeem hloov koj txoj kev lag luam kom haum mus raws Tsab Cai thaum tseem txwv no.

Kuv lub lag luam muab cov kev pab cuam thiab tsim khoom siv tseem ceeb rau tsoom fwv uas peb yuav tsum tau ua raws li lub sij hawm teev tseg - kuv puas tuaj yeem tsim cov khoom no mus ntxiv?

Cov neeg ua hauj lwm thiab cov neeg cog lus ntawm ib lub koom haum/ib lub lag luam los ntawm tsoom fwv yuav tau muab cov kev pab cuam thiab tej khoom siv mus ntxiv yog tias tsoom fwv txiav txim siab tias lawv yuav tsum ua txoj hauj lwm tseem ceeb ntawd.

Kuv ua hauj lwm rau ib lub toj ntxas – Kuv mus ua hauj lwm puas tau?

Tau, toj ntxas (chaw faus neeg tuag) yog ib qhov chaw ua txoj hauj lwm tseem ceeb.

Puas tso cai rau tej tsev zov me nyuam qhib?

Cov chaw zov me nyuam tuaj yeem ua hauj lwm/qhib, tab sis tsuas yog tias lawv ua raws li txoj cai tswj fwm hauv qab no thiab tsuas yog muab kev zov me nyuam rau cov me nyuam ntawm cov neeg ua hauj lwm uas raug zam raws li Tsab Cai Txwv hais tseg. Qhov no suav nrog cov neeg ua hauj lwm ntawm cov lag luam tseem ceeb, cov neeg ua hauj lwm uas tau muab rau kev ua hauj lwm tsawg kawg ntawm cov lag luam uas tsis tseem ceeb, thiab cov neeg ua hauj lwm hauv tsoom fwv ua cov hauj lwm tseem ceeb.

Yuav kom qhib tau, tej chaw zov me nyuam yuav tsum ua li hais nram qa nov:

- Chaw zov me nyuam yuav tsum tau faib ib pab tsis pub tshaj 12 tug me nyuam (hais tau tias txhua hnuv yuav tsum yog 12 tug qub xwb tsis pub hloov)
- Tsis pub muab cov me nyuam sib hloov ntawd lwm pawg
- Yog tias muaj ntau tshaj ib pab nyob rau ib lub tsev, nyias pab yuav tsum nyob nyias chav
- Cov zov me nyuam nyias zov nyias pab tas li. Tsis pub lawv sib hloov.

Ua cov neeg ua haujlwm pabcuam hauv vaj tse puas tseem yuav mus ua tau hauj lwm?

Cov neeg ua hauj lwm tu vaj tse yog ib qho tseem ceeb rau kev nyob zoo thiab kev tu txhua yam kom huv.

Yog tias kuv qhib kev lag luam uas tsis yog qhov tseem ceeb nrog lub khw muag khoom lag luam, puas kam kuv hloov txoj kev lag luam los ua qhov xa khoom mus rau tib neeg tom tsev?

Tsis tau, yuav kom muaj kev nyab xeeb rau koj thiab lwm tus, nyob twj hauv tsev.

Kuv yog ib tug zov me nyuam. Kuv puas yuav muaj teeb meem yog tias kuv mus ua hauj lwm?

Tsab Cai Txwv no tso cai rau cov zov me nyuam kom mus zov tau rau tom cov me nyuam tej vaj tse.

Mus ncig ua si

Kuv puas tseem caij/siv tau tej tsheb ntiav kuv nyiam/xav tau?

Tau, tab sis cov kev pab cuam no tsuas yog siv rau "cov hauj lwm tseem ceeb," kom tau mus los ntawm kev ua hauj lwm los khiav "cov hauj lwm tseem ceeb," los sis ua "cov hauj lwm tseem ceeb rau tsoom fwv," uas tau hais tseg rau hauv Tsa Cai Txwv. Nco ntsoov tias nyob sib ze hauv ib lub tsheb uas tau sib koom nrog coob tus, yog zam tau tsis caij zoo dua.

Kuv siv puas tau tej tsheb sawv daws siv (npav, tsheb ciav hlau hauv av, tsheb ciav hlau)?

Tau, tab sis tej kev tsheb sawv daws siv mus los no tsuas yog siv los ua "cov hauj lwm tseem ceeb," kom tau mus thiab los ntawm kev ua hauj lwm/khiav lag luam "cov hauj lwm tseem ceeb," los sis kom ua tau "cov hauj lwm tseem ceeb ntawm tsoom fwv." Thaum siv tsheb mus los, koj yuav tsum nyob kom deb li 6 tshim ntawm lwm leeg (2 los sis 3 ruam deb), suav nrog thaum koj nyob hauv tsheb npav los sis tsheb ciav hlau.

Kuv puas tawm tau tej chaw Tsab Cai txwv teev tseg txog kev tawm mus los ntawm ib cheeb tsam Bay Area? Tsab Cai Txwv no puas tso cai rau kuv tawm Nroog tau?

Tau, tsuas yog ua "qav num tseem ceeb," ua "hauj lwm/lag luam tseem ceeb," kom ua tau "tsoom fwv tej hauj lwm tseem ceeb," raws li tej hauj lwm Tsab Cai txwv hais tseg. Dua ntawd lawm, lo lus teb ces yog tsis tau rau qhov yuav ua rau koj thiab tej neeg nruab zog muaj feem kis mob.

Tam sis no kuv so hauj lwm mus ua si rau lwm lub Nroog lawm—raws Tsab Cai txwv no los tsev paus tau?

Los tau (pub). Tsab cai no zam (cia) tau rau koj rov los tsev.

Kuv tawm nroog mus cig ua kev lag luam, Tsab Cai puas pub kuv los tsev?

Los tau. Tsab Cai txwv no tso cia rau koj rov los tsev.

Kuv mus xyuas thiab nyob hauv tsev so, nrog tsev neeg/phooj ywg, los sis tej tsev so hnuv puas. Kuv yuav ua li cas? Kuv puas mus tau tsev?

Tau, yog lub hom phiaj yog tawm lub Nroog rov mus tsev.

Lwm Cov Lus Nug

Yuav ua cas yog tias kuv nyob tos them nqi es tsis muaj 6 tshim ntawm kuv thiab lwm tus?

Koj yuav tsum sim kom muaj li 6 tshim ntawm koj thiab lwm tus. Thaum qhov ntawd tsis tuaj yeem ua tiav rau lub sijhawm luv luv, ua li ua tau kom mus sai. Thiab nco ntsoov thaum nyob ntawm kab koj tsis txhob txham los sis hnoos rau lwm tus. Yog tias yuav tsum tau, hnoos los sis txham rau koj lub tsho los sis rau hauv lauj tshib muaj tes tsho, tsis yog rau koj txhais tes.

Yuav ua cas yog kuv tej kav dej puv tuaj lossis muaj lwm yam teeb meemtawg phwj tuaj thiab muaj tej yam teeb meem rau cov khoom tsim nyog ntawm kuv tsev? Kuv yuav nrhiav tej kev pab no li cas?

Hu rau koj tus neeg kho kav dej los sis tus saib xyuas vaj tse. Tsab Cai Txwv no tso cai rau cov muab kev pab cuam xws li cov kho kav dej, kho hluav taws xob, thiab tus neeg tua tshuaj rau kab ntsaum ua haujlwm thiab muab lawv cov kev pab cuam rau pej xeem. Yog xav tau tej khoom kho vaj tse (DIY), koj tuaj yeem mus nrhiav ntawm tej khw muag khoom kho vaj tse, uas tau tso cai raws li Tsab Cai Txw hais tseg.

Kuv yuav ua cas txog kuv tus hlub tus tshua uas xav tau kev pab/tu los ntawm kuv?

Koj tau kev tso cai los pab/tu/yuav khoom rau koj tus hlub tus tshuaj, txawm tias lawv tsis nrog koj nyob ua ib tse. Tab sis tsis txhob muab kev pab/tu los sis mus nqa khoom yog koj muaj mob thiab lwm tus neeg yuav pab tau lawv. Yog tias koj muaj

mob, thov cais koj tus kheej los sis nrhiav lwm txoj hauv kev los tiv thaiv kom txhob kis mob rau lwm tus.

Nyob mloog/saib ntsoov txog tus kab mob COVID-19:

Nco ntsoov xyuas ntawm tej xov xwm ib txwm ntseeg txog tej txheej txheem tawm txhua hnuv txog tus kab mob sib kis tshiab coronavirus.

- Merced County Department of Public Health
 - <https://www.co.merced.ca.us/3350/Coronavirus-Disease-2019>
- California Department of Public Health (CDPH, State)
 - <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/nCOV2019.aspx>
- Centers for Disease Control and Prevention (CDC, National)
 - <http://www.cdc.gov/coronavirus/novel-coronavirus-2019.html>
- World Health Organization (WHO, International)
 - <https://www.who.int/health-topics/coronavirus>
- United States Environmental Protection Agency (USEPA)
 - <https://www.epa.gov/coronavirus>

THOV NCO NTSOOV: qhov nov yog ib qho tseem pheej tawm yam tshiab. Yog muaj xwm txheej mam tshaj rau sawv daws paub ntxiv. Rau cov xwm txheej tawm tshiab, thov mus saib ntawm: www.cdc.gov/coronavirus thiab <https://www.fda.gov/news-events/press-announcements/coronavirus-covid-19-supply-chain-update>. Muaj lwm yam txheej txheem ntxiv ntawm: www.countyofmerced.com/coronavirus.